



# Fun Family Activities for a Screen-free Summer

## Sunny Days

- Go to the pool/lake/ocean
- Jump through the sprinkler
- Play baseball with the neighbours
- Create with sidewalk chalk
- Visit a local farmer's market
- Have a picnic in the park
- Go fishing
- Take a hike and go Geocaching
- Volunteer at an animal shelter
- Help a neighbor in the garden
- Play Tag with neighbourhood kids
- Float down a river in an inner tube
- Go fruit picking and bake pies
- Create a lemonade stand
- Make a movie
- Make a time capsule
- \_\_\_\_\_
- \_\_\_\_\_

## Rainy Days

- Play card games
- Spend an afternoon colouring
- Make friendship bracelets
- Make Sun catchers
- Dance in the rain
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Starry Nights

- Lay back and stargaze
- Build a campfire & tell ghost stories
- Roast marshmallows & s'mores
- Host a backyard family movie night
- Camp in the backyard
- Play Hide & Seek with flashlights
- Watch the fireflies at dusk
- Have a family game night
- String up lights and put on a play
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Little Chefs

- Homemade popsicles
- Build your own pizza
- Milkshakes that you made yourself
- Ice cream sundaes
- Fresh fruit smoothies
- Corn on the cob
- Homemade berry pie by you
- Fresh fruit smoothies
- A fresh tomato sandwich
- Rootbeer floats
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

