



# Summer Screen Time Rules

Do what you have to do before what you want to do!

## Have you?

- Had breakfast
- Dressed for the day
- Brushed your teeth
- Brushed your hair
- Made your bed
- Put away your clean clothes
- Put your dirty clothes in the hamper
- Picked up your room
- Done your chores
- Read for 30 minutes
- Coloured/written for 30 minutes
- Played outside for at least 30 minutes
- Cleaned up all your toys/things
- Done something helpful for someone
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**Now you can use electronics :)**



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Now you can use electronics :)