

AGE APPROPRIATE CHORES

PRE-SCHOOLERS

- Brush hair and teeth
- Wash face
- Get dressed, put pajamas away
- Make bed
- Put away toys, books, things
- Put clothes in hamper
- Set/clear table
- Water plants
- Check toilet paper
- Help dust
- Wipe up messes

5 YEAR-OLD (add on)

- Dust furniture
- Feed Pet
- Clean up after pet
- Help put away groceries
- Put away own things
- Straighten drawers

7 YEAR-OLD (add on)

- Dry dishes
- Empty/fill dishwasher
- Empty garbage
- Fold and put away laundry
- Help make lunches
- Sweep the floor
- Do homework
- Practice musical instrument

8 YEAR-OLD (add on)

- Put away clean clothes
- Wash dishes
- Wipe kitchen surfaces
- Clean mirrors
- Clean tv and computer screens
- Take out trash/recycling
- Exercise pets
- Water lawn
- Help unpack groceries

10 YEAR-OLD (add on)

- Vacuum rugs
- Vacuum furniture
- Help plan menus
- Prepare grocery list
- Help prepare simple meals
- Clean the bathroom
- Rake leaves/shovel snow

12 YEAR-OLD (add on)

- Change sheets
- Operate the washer and dryer
- Replace light bulbs
- Wash windows
- Clean out refrigerator
- Prepare meals

Do not expect your toddler to have the same tasks as your teenager. Increase your child's responsibilities as they grow.
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